

What to take on a 4WD Day Trip

1. Do your homework so that you know what you are getting yourself into.
2. Check the intended destination and the expected level of difficulty of the driving. Make sure your vehicle and your skill levels are adequate. Activity Information Sheets detail what is required for each level of trip difficulty e.g. Easy grade 2, Medium grade 3, Difficult grade 4 etc. If in doubt seek advice. The vehicle should have suitable tyres in good condition. The Activity Info Sheet will also list any particular items of personal gear you require and any safety issues etc.
3. Your vehicle must have suitable recovery points front and rear.
4. Carry a suitable jack and wheel brace and make sure they work.
5. Carry recovery gear including a long handled shovel, sturdy leather gloves, 8,000 – 8,500 kg breaking strain snatch strap, and two 4.75 tonne rated bow shackles.
6. If possible (so that you are not relying on others) a tyre air pressure gauge and good quality heavy duty compressor with the capacity to pump up 4WD tyres.
7. A fire extinguisher and first aid kit.
8. UHF radio (either a wired in unit or a good quality 5 watt hand held unit).
9. Basic tool kit of spanners, screw drivers etc suitable for your vehicle. Include tapes, glues etc.
10. Small tarp for crawling under your vehicle, as a radiator blind for deep water crossings, or emergency shelter etc.
11. Adequate water and food supplies for the trip (suggest morning and afternoon tea and lunch for a day trip), plus an emergency supply in case you get stranded.
12. Adequate fuel for the expected journey or distance to the next refuel point.
13. Suitable clothing and sturdy closed in footwear. Remember conditions may change so it is wise to cater for all conditions (e.g. hat, jumper, parka/rain jacket). Even if it is hot at low altitudes it can get very cold in the mountains and can rain at any time.
14. Toilet paper for emergencies in the bush. Remember ALL human waste must be buried!
15. If you are travelling on your own, an axe or chainsaw (illegal to carry in National parks) to clear fallen trees.
16. Folding chair so that you are comfortable during lunch stops or long delays.
17. Check that everything works before a trip.
18. Be careful with packing – heavy items forward and low in the vehicle and well secured so that it does not fly around on rough tracks etc.
19. Your wallet, drivers licence and mobile phone.
20. Any essential medications.
21. Make sure someone at home knows where you are going and when you expect to return.
22. A desire for adventure, a sense of adventure, a caring attitude, patience and tolerance.
23. Plan for the worst. Hope for the best and take what comes.